

June
1979

New York

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Bill Knight
Jim Rex



June 1979

Chris Mailing

Cycle Club Inc.

*Rides Galore! Come
ride with me, in my
automobile, first, --
maybe!*

See Page 8

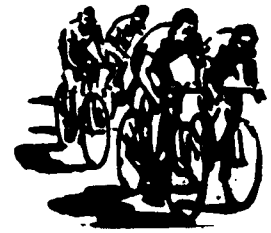
*Next Club Meeting
Tuesday - June 19th
Rinaldo's*

*Program:
Cuba Bike Tour
by Elliot Winick*

*6 PM - Rinaldo's
Restaurant
32 E. 32 St.
(betw. Park and Mad.)*



Rides For The Month



NO RIDE IS TOO SMALL OR TOO LARGE IF THERE IS A LEADER FOR IT.

Mail your ride information to the ride coordinators.

A Rides to: Gary Kryznovek, 1460 Bronx River Road, Bronx, N.Y. 10472.

B Rides to: John Lorenz, 459-100 St., Brooklyn, N.Y. 11224.

C Rides to: Tony Morano, 93 Bay 23 St., Brooklyn, N.Y. 11224.

Or hand in your ride writeup to the coordinators at the monthly meeting. For advanced planning, refer to RIDE PREVIEWS to minimize conflict of dates with other events. If you want to lead a ride, discuss it with us. If you want to ride, come along!

Saturday 5th ANNUAL STRAWBERRY FESTIVAL: 90 miles, A ride. If you
16 June like strawberry shortcake, then join Ed Sobin and John Lubaszka for an enjoyable ride to Mattituck, L.I. We'll be taking a chartered bus back to N.Y.C. Get your ticket at AYH, 132 Spring Street, for the ride back. Meet at the Jamaica Queens, Station of the Long Island R.R. at Archer Ave. and Sutphin Blvd. at 5:45 A.M. Bring money for food and admission to fairgrounds. AYH ride.

Saturday BOSTON TWIN CENTURY: A ride, 2 days, 125 miles each day,
16 June 250 miles total. Les Berkow, leader. We will be staying at the New London Youth Hostel in Conn. Call Les at 969-9571 for details. NYCC ride.

Saturday FULTON FERRY MUSEUM/MANHATTAN BEACH BIKE TRIP: 35 miles, C ride.
16 June Lorraine Gewirtz, and Sherman Cohen, co-leaders. Meet 9:00 A.M. at City Hall. Cycle over Brooklyn Bridge for 9:30 merger with Brooklynites. First stop, quaint museum set between Brooklyn and Manhattan Bridges. Onward to beach for sunning, swimming and exploring Sheepshead Bay area. Bring bike lock, inner tube, lunch/money, swim stuff. (212) 832-9073. Coordinated with AMC.

Saturday FRUIT AND VEGETABLE PICKER, SUFFOLK CO. TOUR: 40 miles, C+;
16 June tourists only. John Lorenz, leader. Meet 9:30 A.M. quarter mile south of Exit 51, L.I.E., on Rte. 231, at Louie and Vinnie Farm. Pick your own farms checked out. Be prepared to eat or carry produce. Carry spare tube and pump. Return to arrive back before sunset. Cancelled at 50% chance of rain. 833-2223. NYCC ride.

Sunday BIKE BROOKLYN BRIDGE TO NARROWS BRIDGE: about 15 miles, C ride.
17 June Ann Loeb, and Marion Bahensky, co-leaders. Meet 9:30 A.M. Habitat Bike Shop, 244 LaFayette St., Soho. Ride down East River Park to Brooklyn Bridge, meet Brooklyn group at 10:30 at Brooklyn Bridge footpath exit. Cycle through Brooklyn Heights and city streets to bike path along the bay. Picnic lunch and then return via same route. Bring lunch & lock. Rain will cancel. Renters call bike shop well in advance to reserve. (212) 431-3315. Loeb: (212) 289-0176; Bahensky: (212) 242-7688.

Sunday WANAQUE RESEVOIR AND SEVEN LAKE DRIVE: 110 miles, A ride.
17 June William Yao, leader. Meet at Grant's Tomb at 7:30 A.M. This ride follows the same route as the Ramapo River ride from Lake Tappan to Oakland. Then south to Pompton Lake before turning north along Wanaque Reservoir, Happy Valley to Sloatsburg. On into Harriman State Park, Lake Sebago and Lake Kanawauke. East on Rt. 210, pass Lake Welch to Willow Grove. South to Montvale along the Pascack River. Same route back to G.W. Food stops at Oakland and Montvale. 749-1978. NYCC ride. (Route may be changed if police do not allow cycles on Seven Lakes Drive).

Sunday SUBURBAN N.J. FOR NON-MACHO RIDERS: 40 miles, C+. "Upright"
17 June Irv Weisman, leader. Meet 9:00 A.M. at Central Park West and W 72 W. 178th St. In answer to Jim Rex's aspersions (ref. May '79) against upright bars, spring saddles, & low gears, Irv is offering another relatively easy ride in N.J. suburbs while using all three shameful accessories. He will show you a straightforward route to the Geo. Washington Bridge and then take you on well-paved, scenic roads in Northern N.J. at an easy to moderate pace. If you've been waiting to get started on long distance riding, get your easy start with this ride. (Then keep growing in ability with subsequent rides, leading to a half century or even a century by the end of the season.) And after you climb (or try to) the hills at the end of the return route, you'll listen eagerly to Irv's comments on low gears despite the jibes of the "animals" at such blatant evidence of "character deficiency" and disloyalty to macho-masochism. LO 2-7298; 650-8075. NYCC ride.

Saturday 4th ANNUAL DELAWARE DOUBLE CENTURY: 207 miles, A ride. In
23 June Newark, Delaware. Dave Bundas, leader. Call (302) 738-7738 for info, or contact Jim Rex.

Saturday CANTIAQUE TO CAUMSETT STATE PARK, NASSAU-SUFFOLK CO.: 35 mi.,
23 June B-. John Lorenz, leader. Tel. 833-2223. Tourists only, Meet 9:00 A.M. at Cantiaque Park, Hicksville, entering from W. John St., just east of Cantiaque Rock Road. Look for copper Opel in parking lot. Bring camera, swimsuit, spare tube. Restrooms at parks OK for changing. Cancelled at 50% chance of rain. Van owners or renters please cooperate. I can give one person a ride.

Sunday PORT JEFFERSON HILLY METRIC CENTURY: 65 mi. Call Barney (TOES)
24 June at (516) 842-9088. Begins at Riverhead past Greenpoint.

Sunday SLEEPY HOLLOW HILLY HALF-CENTURY: B+ ride. Bill Baumgarten,
24 June leader. (212) 567-4628. Meet at Grant's Tomb at 7:45 A.M. Depart at 8. Return by 1 P.M. Bring water AND enough food for a hard morning's ride. The route follows the Hudson to N. Tarrytown, through Sleepy Hollow to US 9 near Scarborough. Then back--into NY 117, down NY 448 through Pocantico Hills to Tarrytown Reservoir to 9, down the Hudson Valley to NYC. NYCC ride.

Sunday ALBANY RIDE: 150 miles, A+. Steve Bauman, leader. To come
24 June on this ride, you must come to the pre-trip meeting at AYH.

Sunday BIKE TWO BRIDGES TO BROOKLYN: C ride, about 10 flat, slow,
24 June miles. Marion Bahensky and Dolores Bock, co-leaders. Meet
 10:00 A.M. Habitat Bike Shop, 244 LaFayette St., Soho.
Travel to Battery via East River Park & So. St. Seaport. Tour financial
district, then cross Brooklyn Bridge. Brief tour of Williamsburg and
back across Williamsburg Bridge. Return to bike shop about 4 P.M. Rain
will cancel. Renters call bike shop (431-3315) well in advance to reserve
bike. Bahensky: (212) 242-7688; Bock: (212) 358-6266. NYCC ride.

Saturday SATURDAY MORNING QUICKIE: 50 miles B+/A. Chris Mailing, leader.
30 June Will attempt to cover Irv Weisman's marked 50 mile patch ride
 route through Bergen and Rockland Counties in 3 hours. Meet
at the New Jersey end of the George Washington Bridge and Hudson Terrace
at 7:45 A.M. for an 8:00 A.M. SHARP start. This will be a fast paced ride
intended for experienced riders who have other things to do on Saturday
afternoons--so be prepared. Brief stop at a fruit stand near Germonds,
N.Y. Call Chris Mailing 879-6199 with questions or between 6:30 A.M. to
7:00 A.M. before the ride if weather is doubtful. NYCC ride.

Saturday POUND RIDGE RESERVATION--WESTCHESTER CO.: 40 miles (+ or -),
30 June B- ride. Tourists only. John Lorenz, leader. 833-2223. Meet
 at last picnic area, (cross over stream) entering from west on
Boutonville Rd., off Rte. 121. Car fee \$2.00. Time 9:30 A.M., sharp.
Picnic there or at historic and naturally beautiful spots. Low gears
required. Maps. I can give one person a ride. Van owners or renters
please cooperate. Cancelled at 50% chance of rain. NYCC ride.

Sunday THE HOT DOG SPECIAL TO CONEY ISLAND: 35 miles, flat, C ride.
1 July Jesse Shereff, leader. Time permitting, we will also go to
 Sheepshead Bay. Meet at the Columbus Circle entrance to
Central Park at 10:00 A.M. or at the Brooklyn side of the Brooklyn
Bridge at 11:00 A.M. Joint Transportation Alternatives/NYCC ride.
(212) TR 3-2706.

Sunday PASSAIC CO. TOUR: 39 miles. B- ride. Tourists only. John
1 July Lorenz, leader, 833-2223. Meet 9:30 A.M. at Fairleigh Dick-
 inson Univ., jct. of Ratzer and 504 (Alps Rd.) near Pack-
anack Lake. A scenic route, passing lakes & river. Bring water, energy
snacks, spare tube and pump. Requires low gears. Riders will remain as
a single group, returning at mutually acceptable time. Cancelled at
50% chance of rain. NYCC ride.

Sunday BIKE RIDE SHEEPSHEAD BAY TO BREEZY POINT: C ride, 20 flat
1 July miles. Marion Bahensky and Bertha Korn, co-leaders. See
 model airplanes at Gateway, fishing boats, picnic on beach.
Meet 10:00 A.M. at the end of Fisherman's wharf, Knapp & Emmons (Exit 9A
of Belt Parkway Eastbound). Bring lunch & lock. Rain will cancel.
Bahensky: (212) 242-7688; Korn: (212) 338-1791. NYCC ride.

Sunday MORRIS CO. TOUR: 30 miles, B- or 33 miles B; tourists only.
8 July John Lorenz, leader. Meet 9:30 A.M. at jct of Knoll & Vail Rds.,
 north of Rtes. 46 and 80, at Parsippany High School parking
lot. A scenic route, wooded, hilly suburbs, requiring low gears. Bring
water, energy snacks, spare tube and pump. Route flexible to suit con-
ditions, map for all. Cancelled at 50% chance of rain or high of 85% F.
Tel. #833-2223. NYCC ride.

Saturday 4th ANNUAL PHILADELPHIA DOUBLE CENTURY: 209 miles from
14 July Staten Island. Jimmy Rex, leader. Call Rex at 278-5562
not later than Thursday preceding departure for details.
NYCC ride.

Saturday BERGEN PASSAIC LAKE TOUR OF N.J. SUBURBS: 29 miles, C+, or
14 July 50 miles, B-. Tourists only. (2 groups). John Lorenz, leader.
833-2223. Meet 9:00 A.M. sharp, at N.J. end of Geo. Washington
Bridge pedestrian walk. Maps for all. Bring tube, water. Cancelled at
50% chance of rain. Van owners or renters please cooperate in giving
rides. I can give one person a ride. NYCC ride.

Sunday 110 MILES "A" TO DANBURY CONN.: Dave Veder (212-379-0569),
15 July and John Lubaszka (212-523-2198), co-leaders. Meet at Ford-
ham Rd. and Grand Concourse in the Bronx at 6:00 A.M., sharp.
This will be a hilly and strenuous ride. Bring necessary repair items
and tools since leaders may not be riding last. A water bottle is a
necessity. Bring lunch or money for it. The lunch stop is at the 52
mile point so have a good breakfast before the ride starts. Maps will
be provided. Joint AYH ride.

Sunday 2nd ANNUAL NYCC ALL CLASS CLUB RIDE: B and C riders take
22 July the 9:00 A.M. ferry to Staten Island. A riders meet 7:30 A.M.
to leave 8:00 A.M. from Grand Army Plaza at 59th St. and 5th
Avenue. Bring swim suit, lock, and lunch or money for it (various deli's
are available). First stop at the Conference House to regroup, then from
there go to the Tottenville Pool for a swim and on to Wolf Pond Park
for a club picnic lunch. Depart from Wolf Pond Park at about 1:30 P.M.
for return leg of the ride. A riders will tour some of the high spots
of Staten Island (The Lighthouse, Todt Hill Rd., etc.). Everybody will
be back at Battery Park by 3:30 P.M. Leaders will be Gary Kryznovek (A),
John Lorenz (B), Tony Morano (C), and their cohorts. Rain date is
July 28th, the weekend following. NYCC ride.

REGULAR RIDES -- LEADERLESS

CENTRAL PARK	10:00 A.M. Sat. & Sun.	from Boathouse*
BEDFORD VILLAGE	10:00 A.M.	Sun. from Firehouse.
WHITE PLAINS	9:15 A.M. Sat.	from Milkmaid Diner: at Rose- dale & Marmaronack.
LONG ISLAND	10:00 A.M. Sat. & Sun.	from I.U. Willets School Pkg. Lot: I.U. Willets & Guinea Woods Rd.
EASTERN LONG ISLAND (Bridgehampton)	10:00 A.M.	Sun. from Soporific Bike Shop, Montauk Hwy. (Rte. 27)

*The Boathouse is located on the East Drive of Central
Park about 3 blocks north of the Fifth Ave. and 72nd St. entrance.



RIDE PREVIEW		C	B	A	FROM
JULY 22	4TH ANNUAL DANBURY CENTURY			108	Bx
"	2ND IRONLEG MILLENNARY SERIES CANCELLED				
" 22	3 A.M. RIDE by AYH	!			NYC
" 28	SANDY HOOK WEEKEND		!		N.J.
" 29	4TH ANNUAL PRINCETON CENTURY		50	100	N.J.
"	MINI BIKE TRAINS #3 & #4, CHECK WITH AYH 431-7100 TO UPDATE ON INFO				
AUG 5	ROAD RALLY		!	!	L.I.
" 12	FOUR STATE DOUBLE CENTURY			200	MASS
"	TH ANNUAL ONONDAGA 24 HR TIME TRIAL			473	SYRACUSE, N.Y.
"	HUDSON CENTURY (TENTATIVE)			120	N.Y.C.
" 18	BIG BIKE TRAIN - CHECK WITH AYH 431-7100 TO UPDATE ON INFO (ALSO #5)				
SEP	11TH SEMI ANNUAL TOHRV 3 DYS 596-9537			405	NYC-MONTREAL
" 3	TH PARIS-BREST-PARIS 90 HRS LIMIT			756	FRANCE
" 5	3 WEEKS EUROPIAN BIKE TOUR (HOTELS) 446-5431		50/DY		WIENA-HUNGARY
" 9	FRUIT PICKER RIDE	40			L.I.
" 16	4TH ANNUAL DOUBLE METRIC & HI-POINT CENTURY	25	50	100	L.I.
" 29	3RD " MONTAUK DOUBLE CENTURY			200	L.I.
" 30	ANCIENT MARINER CENTURY (SLOW)			100	L.I.
" 30	1ST ANNUAL FALL CLUB RIDE	25	50	100	N.Y.C.
OCT 6	10TH ANNUAL CAPITOL RUN 1 BY			250	NYC-WDC
"	TH FALL FOLIAGE RIDE		40	70	N.J.
" 14	TH SEMI ANNUAL RIVERHEAD RIDE		65		L.I.-EAST
" 14	POUND RIDGE RESERVATION		40		L.I.
"	BEAR MOUNTAIN RALLY (TENTATIVE)			100	NYC

RIDE RESULTS (CURRENT)		TRIP MILES	RIDERS	CLUB'S MILEAGE
APR 28	POUND RIDGE PARK	36	2	72
" 28	WDC WEEKEND	25	29	725
" 29	" "	40	23	720
" 29	CHERRY BLOSSOM	20	30	600
" 29	" "	40	61	2,440
" 29	RIVERHEAD	65	40	2,600
" 29	SUNDAY MORNING QUICKIE	?	0	0
MAY 5	NATURALIST TOUR	44	1	44
" 5	MINI BIKE TRAIN #1	30	10	300
" 5	" " " " "	50	20	1,000
" 5	" " " " CHASER	(90)	CANCELLED	0
" 5	DELAWARE WATER GAP	(60)	NO REPORT	0
" 6	ALLAMUCHY	40	16	640
" 6	"	65	17	1,105
" 12	HALF-FAST DOUBLE CENTURY	(200)	LEADER SICK	0
" 12	BERGEN PASSAIC LAKE (RAINED)	25	2	50
" 13	BRONX-CONNECTICUT	(50)	RAINED OUT	0
CANCELLED 4 TRIPS, 11 LEADERS HAD 8 :		480	251	10,496
APR 22	FIVE BORO BIKE TOUR (ESTIMATED)	36	7,000	252,000
"	" " " " LAST YEAR	33	3,000	87,000

2ND QUARTERLY RIDE RESULTS OF 1979 (IFEB-30 APR) BY JIM REX THE ORIGINAL RIDE CO-ORDINATOR

SUBTOTALS		C	B	A
CANCELLED	9	5	3	1
LEADERS	9	5	2	2
TRIPS	21	11	6	4
" MILEAGE	957	305	297	355
RIDERS	279	198	56	25
" MILEAGE	11911	6305	3396	2210

NOTE; FOR PAST REFERENCES SEE P 3 MAR & P 5 JUN 1978, P 3 JAN & P 8 MAR 1979 BULLETINS

TO CUBA WITH LOVE

Lorraine Gewirtz, Program Veep

Who was one of the 3* notorious conceivers of the Five Boro Bike Tour? And, who organized and led the first cross-country bicycle trip? And, who organized and led the first bicycle tour to Cuba, beating the Russians by more than a "century"? Who??? None other than Elliot Winick!!!

Elliot, immersed in cycling, is the Assistant Director of the American Youth Hostels. He's been with AYH for 9 years. Bicycling is Elliot's bag, with bicycle touring topping the list. Last December/January, Elliot led a group of 26 cyclists to and through Cuba. The adventures of these daring Americanisto cyclists, mainly from the New York area, have been featured in "Bicycling" and several Canadian publication.

Now, hold on to your helmets or grab on to your saddles! Elliot has graciously accepted our invitation to be our guest on Tuesday, June 19th. He'll give us the lowdown, firsthand, on the exploits of this first-ever, cycle tour of Castro's Cuba. We'll hear how our stalwart cyclists braved the headwinds and more on this West Indian Isle.

During the years Elliot has been involved with cycling, he's seen dramatic changes in attitudes towards biking and bikers. Today, what's accepted by the mainstream, even promoted by so staid an institution as Citibank (i.e., sponsor of the 1979 Five Boro Bike Tour), was very recently looked at askance by many more people than do now. Bikers have been considered to be on the outer fringes of society. Elliot Winick in no small measure has been, and continues to be, responsible for fostering a turnabout from anti to pro in cycling attitudes. We all owe him a debt of gratitude.

Acompananos el martes 19 de junio para una tarde excitante con un "Winick Winner".**

* Sol Cerami, AYH and Eric Praeger, Board of Ed.

**Come to the meeting on Tuesday, June 19th for an exact translation.

* * * * *

CENTRAL PARK DRIVES

From May 1 to October 31 Central Park drives will be closed to motor vehicles from 10 AM to 3 PM Monday through Friday and from 7 PM through 10 PM Monday through Thursday. In addition, year round, Central Park drives will be closed to motor vehicles the entire weekend beginning at 7 PM Friday and ending at 6 AM Monday morning. Also year round, Central Park drives will be closed on holidays beginning at 7 PM the night before and ending at 6 AM the morning after the holiday.

Lorraine Gewirtz

CAR-TOPPING, ETC.
BY: JOHN R. LORENZ

Still stranded in the city on weekends, unable to get to the starting points of nice rides in the suburbs? I'm afraid this will continue unless incentives exist for vehicle owners/renters to share rides with others. That is, with members in general, not just close friends. Without honest cooperation, I will be unable to continue to offer scouted and mapped tours as I have been doing. This is not to say I'm disatisfied with the turnouts, because they haven't been bad at all. I like riding with one other person as well as a larger group. What's sorely lacking is club spirit. After speaking to other clubs both inside and outside the city, I may be forced to go the way of so many others where one's efforts are appreciated, instead of watching the game of "dropping" and "drafting" as they call it. You'd think that given the problems of gas prices and shortages, we all would have worked out a plan to share rides. But it seems we have more than one "cynical cyclist", only the others are passively cynical and passive members. And sure enough, with the increase in dues came a decrease in membership and a decrease in active riders. Other clubs have \$5 and \$6 dues, and ride more. They also share car/van rides. So we've all proved that we're not cheap, and we can afford Rinaldo's prices, but complain that starting points are too distant, gas too high, bike racks take too long to set up, it's inconvenient to pick up others, and better yet, that my efforts are "not in the spirit of a club".

I need to know now from all of you (in writing) who will be able to offer rides regularly, who have roof top or bumper or trunk mounted carriers, who will be able to equip their vehicles with a carrier or additional "add-on" brackets, and who among you would pay for the installation of same on another member's vehicle. Please indicate if you will pay your equal share of gas and tolls. I will try to coordinate all this and submit it to our editor for publication in the next bulletin. The idea is to create a system of shares. Someone else also suggested a chain calling of members on the morning of the ride. I don't think that would be terribly costly, do you? The saying is: "Let your fingers do the walking".

I would like to hear especially from you if you are mechanically gifted, and if you need assistance in installing carriers.

Also, if you are interested in leading rides in the B and C class, or learning how to organize one which has "touring merits", please write me or call me so we can meet.

Finally, please submit any changes you would like to see in the by-laws. I will try to coordinate your suggestions. A package of options will then be submitted to both the board and the general membership, using our unlimited bulletin space. All of you will kindly remember to mail me your choice of the options listed, as they appear in the bulletin.

If the above two programs materialize and both membership and riding increase, then I will ask at that time to be nominated for the only office worth considering this year, that of PRESIDENT.

FOR SALE

Weyliss Rollers, complete with side platforms and speedometer.
Great for indoor exercise on rainy days as well as in the
winter. Price: \$85.00

Y-Cycle, For those who prefer their indoor exercise without
having to balance the bicycle. Makes your bike into an
exercise bike by attaching to the frame and lifting the rear
wheel off the ground. Price: \$15.00

Camping Equipment, including screen house tent (12'by 12')
For details see the May bulletin. Price: \$60.00 for
complete gear.

Call Bob Herzfelder - 222-0853 evenings after 7 PM.

* * * * *

TO FIND A SEAT !

There was a kind person who gave shelter to a leather bike seat left on
a table at this year's club auction night. Please contact Leona
Hollander to arrange for its return.

* * * * *

DEADLINE FOR SUBMISSIONS TO JULY BULLETIN: JUNE 20, 1979

NEW YORK CYCLE CLUB, Inc.
c/o Mel Shleifer
P.O. Box 1081
Mt. Vernon, N.Y. 10551

FIRST CLASS

